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## Land Of Plenty A Treasury Authentic Sichuan Cooking Fuchsia Dunlop

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The Chinese call the province of Sichuan in southwest China the land of plenty and the place for flavor. Although it is mostly known in the West for its hot-and-spicy dishes, the Chinese love Sichuan food for its inventive use of seasonings and its many styles of preparation.

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The food of the Sichuan region in southwest China is one of the world's great culinary secrets. Many of us know it for its "hot and spicy" reputation or a few of its most famous dishes, most notably Kung Pao chicken, but that is only the beginning. Sichuanese cuisine is legendary in China for its sophistication and astounding diversity: local gourmets claim the region boasts 5000 different dishes.

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The Land Of Plenty: A Treasury of Authentic Sichuan Cooking. By Go4itbill on Feb 13, 2014. Truly a treasury of this region's cooking history process. And where is the Sichuan region in China? The background is all there including a map. The attention to detail is excellent.

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Land of Plenty is literary food writing at its best, as well as a marvelous invitation to new skills and flavors for the home cook. Read it. Cook it. Eat it. And take pleasure in the emerging career of Fuschia Dunlop, a big new voice in the world of food. --Schuyler Ingle.

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"Land of Plenty: A Treasury of Sichuan Cooking" - Fuchsia Dunlop [PDF] - [cookbook] News! Highly recommend, p. 237 is the basis for my "kung pao chicken" dish I posted a few days ago.

### **"Land of Plenty: A Treasury of Sichuan Cooking" - Fuchsia ...**

Land of Plenty (Hardcover) A Treasury of Authentic Sichuan Cooking. By Fuchsia Dunlop. W. W. Norton & Company, 9780393051773, 400pp. Publication Date: June 17, 2003

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Land of Plenty : A Treasury of Authentic Sichuan Cooking by Fuchsia Dunlop is an important book partly because it is written by someone who is clearly passionate about the subject. Fuchsia Dunlop spent time learning to master this cuisine at the Sichuan Institute of Higher Cuisine in Chengdu, the capital of the Sichuan province.

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With the official publication of her first book [Land of Plenty], Fuchsia Dunlop joins the ranks of literary food writers such as Elizabeth David and Claudia Roden. *The Independent*. You may not think you need a book on the cooking of the Sichuan province in Southwest China but this small, perfect book is illuminating and appealing.

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